

Daftar Pustaka

- Ailhaud G, Beck B, Bougneres PF, Charles MA, Frelut ML, Martinoswky M, et al. (2003). *Synthesis and Recommendations. Childhood Obesity: Screening and Prevention*. French Institute of Health and Medical Research
- Akre, Ambarish & Bhimani, Neha. (2015). *Co- Relation between Physical Fitness Index (PFI) and Body Mass Index in Asymptomatic College Girls*. Journal of Exercise Science & Physiotherapy: Exercise Fitness & Health Alliance
- Atikah Proverawati.(2010). *Obesitas Dan Gangguan Perilaku Makan Pada Remaja.*: Nuha Medika
- Almatsier, Sunita. (2001). *Prinsip Dasar Ilmu Gizi*. Jakarta: Gramedia Pustaka Utama.
- Amstrong N. (2006). *Aerobic Fitness of children and adolescent*. Journal Pediatric Volume 406
- Betancourt LH., Sanchez RG, Martinez AM, Echevarria GI. (2002). *Health Carter somatotype measurements in elite level Cuban free-style and Greco-Roman wrestlers*. Lecturas: education fisica y deportes. Buenos Aires
- Da Silva PRP, de Sousa T, De Rose FH. (2003). *Body composition, somatotype and proportionality of elite Bodybuilders in Brazil*. Rev Bras Med Esporte
- Devi HS. (2006). *Variation in physical structures of Meitei women weightlifters and the controlled group*. Anthropologist
- Fatmah. (2011). *Gizi kebugaran dan Olah Raga*. Bandung: Lubuk Agung
- Fatmah. (2010). *Gizi Lanjut Usia*. Jakarta: Erlangga
- Goran MI.(2000). *Energy metabolism and obesity*. Cullen JH ed. In: Medical Clinics of North America

- Hasdianah H.R & Sandu Siyoto (2014). *Gizi Pemanfaatan Gizi, Diet, dan Obesitas*, : Nuha Medika
- Hassink S.(2003). *Problems in childhood obesity*. In Primary care; clinics in office practice. WB saunders company
- Joko Pekik Irianto. (2004). *Pedoman Praktis Berolahraga untuk Kebugaran dan Kesehatan*. Yogyakarta
- Kristin Petrie. (2010). *Lemak dan Kesehatan - SERI NUTRISI*. academia
- Lanny Lingga. (2012). *Sehat dan Sembuh dengan Lemak* : Elex Media Komputindo
- Keogh JW, Hume PA, Pearson SN, Mellow P.(2007). *Anthropometric dimension of male powerlifters of varying body mass*. J Sport Sci
- Misnadiarly. (2007). *Obesitas sebagai faktor penyakit risiko beberapa penyakit*. Jakarta : Pustaka Obor Populer
- Muhajir. (2007). *Penjasorkes untuk SMA Kelas X*. Jakarta: Erlangga.
- Nurhasan. (2005). *Tes dan Pengukuran*. Jakarta: Karunika Jakarta Indonesia Terbuka
- Ohtake PJ. (2005). *Field tests of aerobic capacity for children and older adults* Cardiopulm
- Phil.(2001). *Aerobic Power & Maximal Oxygen Uptake*
- Phillips et al. (2012). *High dietary saturated fat intake accentuates obesity risk associated with the fat mass and obesity-associated gene in adults*. J. Nutr
- Prentice, A.M. (2006). *The emerging epidemic of obesity in developing countries*. *International Journal of Epidemiology*

Gibson, Rosalind S. (2003). *Nutrition Assessment for Laboratory Manual*. New York: Oxford University Press.

Setty P.(2013) *Correlation Between Obesity and Cardiorespiratory Fitness*

Smirmaul, P. C dkk. (2013). *The VO₂max That we Measure Really Maximal*.
Australia : Frontiers in Physiology

Tilong, A. (2012). *Kalkulator Kesehatan* : Diva Press

Welsman JR, Armstrong N.(2000). *Statistical techniques for interpreting body size related exercise performance during growth*. *Pediatr Exerc Sci*

Zurairie M, Mun C W, Shaheeda N, Hafizan M, Talib, Muralidhara DV. (2009).
Less Fat, More Fit